

VOLUME - 24

ISSUE -01



**HIGH COMMISSION OF ISLAMIC REPUBLIC OF PAKISTAN COLOMBO**

# **NEWS LETTER**

**JANUARY - JUNE 2024**



**Pakistan High Commission Colombo  
EP Wing Pakistan Colombo**



**Pakistan High Commission Colombo**



**@Pakinsrilanka**



**@Pakinsrilanka**

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**CREDENTIALS OF HIGH COMMISSIONER**



H.E. Major General (R) Mr. Faheem Ul Aziz HI (M) presented his credentials to the Sri Lankan President Hon. Ranil Wickremesinghe at President House.



**PAKISTAN – SRI LANKA RELATIONS**



High Commissioner of Pakistan to Sri Lanka H.E. Major General (R) Faheem Ul Aziz, HI (M), paid a courtesy call on the Prime Minister of Sri Lanka Hon. Dinesh Gunawerdena. Issues of mutual interest were discussed during the meeting.



High Commissioner of Pakistan, H.E. Maj. Gen. (R) Faheem Ul Aziz HI (M) called on the Commander of the Navy, Vice Admiral Priyantha Perera at the Navy Headquarter. Both engaged in a cordial and constructive discussion on several matters of bilateral importance & interaction drew to a close with an exchange of mementoes, signifying cooperation and goodwill.



High Commissioner of Pakistan, H.E. Maj. Gen. (R) Faheem Ul Aziz, HI (M) called on the Commander of the Air Force, Air Marshal Udeni Rajapaksa at Air Force Headquarter. After a discussion on matters of mutual interest, both dignitaries exchanged mementos to mark the occasion.



High Commissioner of Pakistan, H.E. Maj. Gen. (R) Faheem-Ul-Aziz HI (M) paid a courtesy call on Defence Secretary General Kamal Gunaratne at the Defence Headquarter Complex in Sri Jayewardenepura, Kotte. Both high officials paid attention to enhancing defence cooperation, training opportunities responsibilities and the mutual of both countries towards fostering peace and stability in the region.





High Commissioner  
of Pakistan to Sri  
Lanka Major General  
(R) Faheem Ul Aziz,  
HI (M) paid a  
courtesy call on State  
Minister of Defence  
Hon. Premitha  
Bandara Tennakoon.





Pakistan High Commissioner, H.E Maj. Gen.(R) Faheem-Ul-Aziz HI(M) paid a courtesy call on the Most Ven. Kirinde Assaji Thero, Gangaramaya Temple. Discussion on topics of mutual bilateral interest took place during the meeting including historical footprint of Gandhara Civilization in Pakistan.



Mr. Mahendra Jayasekara, President of Colombo Young Men's Buddhist Association in Sri Lanka called on H.E. Major General (R) Faheem Ul Aziz HI (M), High Commissioner of Pakistan.



**WELFARE ACTIVITIES**



As a gift from Pakistan, H.E. Major General (R) Faheem-Ul-Aziz HI (M), handed over ration bags to the representatives from Rahmath Foundation, and Sri Lanka Press Association for onward distribution to deserving people.



As a gift from Pakistan, H.E. Major General (R) Faheem-Ul-Aziz HI (M) during the Holy month of Ramazan, handed over ration bags to the representatives from the Community Development Society for onward distribution to the deserving people.



## INAUGURATION OF KANDY MUSEUM, PAKISTAN SECTION



High Commissioner of Pakistan to Sri Lanka Maj. General (Rtd) Faheem Ul Aziz HI (M) officially inaugurated Pakistan Gallery, located inside Kandy Museum. The gallery has recently been renovated to showcase the Buddhist archeological and heritage sites, based in different cities of Pakistan through pictures, relics, and artifacts. It is now officially opened for the general public to visit.





High Commissioner of Pakistan  
Maj. Gen. (R) Faheem Ul Aziz,  
HI (M) visited Puttalam to  
attend an event in Muslim  
Hands-School of Excellence.

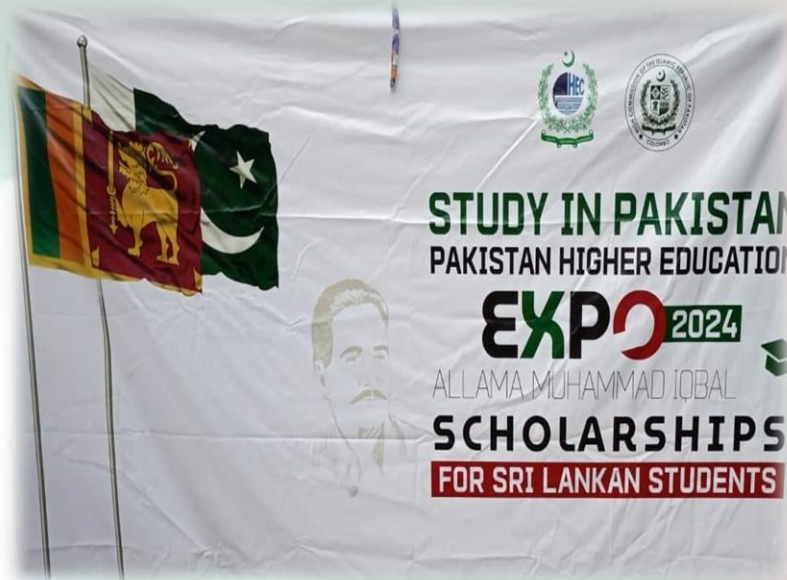




Pakistan High Commissioner  
Maj Gen Faheem Ul Aziz,  
interacted with farmers in  
Mannar on his visit.

The background of the image is a composite of two national symbols. On the left, the Pakistani flag is shown, featuring a white crescent moon and a five-pointed star on a green field with a white border. On the right, the coat of arms of the Government of Punjab is depicted, showing a golden lion standing on a red field, holding a sword aloft in its right paw. The text is centered over the intersection of these two symbols.

**PAKISTAN EDUCATION EXPO-2024**



Pakistan High Commission in collaboration with Higher Education Commission Pakistan is holding a seminar on Allama Iqbal Scholarship Program in Jinnah Memorial Hall, Kandy.

# PAKISTAN EDUCATION EXPO-2024 - ALLAMA IQBAL SCHOLARSHIPS FOR SRI LANKAN STUDENTS



The Pakistan High Commission, Colombo in collaboration with the Higher Education Commission of Pakistan held seminars and road shows in different parts of Sri Lanka in connection with Education Expo 2024 from 8-15 May 2024.



**VISITED DELEGATION FROM PAKISTAN**



Pakistan Navy Ship “SAIF” arrived at Port of Colombo on 30<sup>th</sup> January, 2024 on a 3 days goodwill visit from Pakistan. The port call is part of strong multifaceted bilateral relationship and engagement between the defense establishments of the two countries.



Pakistan Navy Ship “SAIF” paid a goodwill visit to Colombo on a 3 days goodwill visit from Pakistan. Colorful dinner reception was held aboard “SAIF” displaying traditional Pakistani hospitality, hosted at Colombo Dockyard



A 16-member delegation comprising participants in the National Security and War Course (NSWC) 2023/2024 of the National Defence University of Pakistan paid a courtesy call on Deputy High Commissioner of Pakistan at the High Commission premises.







A group of 21 students of Grade 6 presently studying in Academia Civitas- a private school based in Karachi, Pakistan who are on a goodwill visit to Sri Lanka, visited Pakistan High Commission, Colombo today on 9th February 2024. Ms. Almas Riaz, Principal led the group accompanied by other faculty members from the school.



**VISITED DELEGATION FROM SRI LANKA**



In line with the Government of Pakistan's vision to develop Buddhist religious tourism in Pakistan, a high-level delegation comprising of Senior Buddhist Monks from Sri Lanka visited Pakistan



**NATIONAL EVENTS**

## 5<sup>TH</sup> FEBRUARY 2024 – KASHMIR SOLIDARITY DAY



A Seminar and Photo Exhibition was held in the Pakistan High Commission, Colombo to commemorate “Kashmir Solidarity Day”. The day reaffirms Pakistan’s unconditional support to the Kashmiris in their struggle for the right of self-determination. The ceremony was attended by a large number of the Pakistani community, friends of Kashmir, and local journalists.

## 23<sup>DR</sup> MARCH 2024 - FLAG HOISTING CEREMONY



A ceremony to mark the National Day of Pakistan was held at the High Commission of the Islamic Republic of Pakistan, Colombo on 23rd March 2024. The event was attended by a sizeable number of Pakistani community-based in Sri Lanka. The participants resolved to make Pakistan a strong, vibrant, progressive, and democratic state.

## RECEPTION OF 23<sup>DR</sup> MARCH 2024



The High Commission of the Islamic Republic of Pakistan hosted a National Day Reception at BMICH, Colombo on 25th April 2024, which was attended by a large number of participants including Sri Lankan political leadership, Diplomatic Corps, Senior Defense Officials, Government Representatives, Prominent Business personalities and Pakistani Diaspora.



**CULTURAL EVENT**



# VESAK FESTIVAL



Pakistan High Commission, Colombo set up Pakistan Pavilion near Gangaramaya Temple, Colombo as part of the National celebrations of “Buddha Rashmi” Vesak Festival, 2024





**MEDIA OUTREACH**

# 23<sup>RD</sup> MARCH 2024 – PAKISTAN DAY SUPPLEMENTS



## Message from the High Commissioner of Pakistan



Sheikh-ul-Islam Muhammad Ali Jinnah, Founder of Pakistan



A.P. Jagan Mohan Reddy, President of Pakistan



M.A. Muneer, Member of Parliament



H.S. Majeed, Member of Parliament

On this auspicious occasion, the National Day, I wish to convey greetings and best wishes to the Government and people of Sri Lanka for the Government and people of Sri Lanka.

23<sup>rd</sup> March is a landmark day in the history of Pakistan when the Muslim League, under the leadership of the Quaid-e-Azam, Mr. Jinnah, presented the historic Lahore Resolution to the All-India Muslim League.

The Lahore Resolution changed the destiny of the Muslim of subcontinent. It gave impetus to the

struggle of Muslims for realization of the dream of a separate homeland. This resolution was the first step towards the creation of Pakistan.

It is a matter of great satisfaction that mutually beneficial relations, based on honesty, have become increasingly strong. Today Pakistan is a flourishing democracy enjoying an economic boom in the country.

Pakistan and Sri Lanka are bonded partners with historical friendship dating back to the period of the British rule in India. Pakistan offers a great opportunity to the people of Sri Lanka and we will continue to work together to strengthen our friendly ties. These

are some of the reasons for the strong ties between the two countries.

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WE SALUTE THE GOVERNMENT AND THE PEOPLE OF PAKISTAN ON THEIR NATIONAL DAY!

### BROTHER REPRESENTATIVE OFFICE SRI LANKA & PAKISTAN

**SALES & MARKETING**      **SERVICE & MAINTENANCE**  
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 E-MAIL: info@brother.lk / info@brother.pk



## Pakistani Cuisines

**Meat**

The spreading of Islam among the people of the Indian subcontinent led to the introduction of meat dishes in Pakistani cuisine. The Muslim population has always been a meat-eating community. Traditionally, Pakistani cuisine is rich in meat, especially beef, mutton, and chicken. The most popular meat dishes are kebabs, biryani, and mutton karahi. These dishes are often served with rice and a variety of vegetables.



**Meatless Cuisines**

Meatless cuisines in Pakistan are often served with rice and a variety of vegetables. These dishes are often served with a variety of spices and herbs. Some of the most popular meatless dishes are chana masala, dal makhani, and aloo paratha. These dishes are often served with a variety of vegetables and a variety of spices.



**Foods of Pakistan**

All portions of Pakistan have their own rich variety of cuisines and regional specialties. The cuisines of the different regions are often influenced by the local climate and the availability of ingredients. Some of the most popular foods of Pakistan are biryani, kebabs, and mutton karahi. These dishes are often served with rice and a variety of vegetables.



## Astonishing Places You Wouldn't Believe Are In Pakistan



**SRI LANKA - PAKISTAN BUSINESS COUNCIL**

Greetings & Best Wishes on the National Day of the Islamic Republic of Pakistan

- Colco Cola (PK) Ltd
- Creative Textile Mills (Private) Ltd
- DMV Textiles (PVT) Ltd
- Dwanee Textiles Export (PVT) Ltd
- Eshel Group of Companies
- Larko Consumer Holdings (PVT) Ltd
- M.A. Raza & Co. Ltd
- MNC Holdings (PVT) Ltd
- Meridian Lanka (PVT) Ltd
- Rep International (Shipping) (PVT) Ltd
- Sult Marketing
- Textile Mills (PVT) Ltd
- Windflow PVT

Join the Membership  
**Sri Lanka - Pakistan Business Council**  
 The Deafon Chamber of Commerce

Shipping Agents, Customs, Consular Services, Banks, Banks, Flight Bookers, etc.

**M. A. RAZAK & CO. LTD**

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 E-mail: info@marazak.com, info@marazak.lk

# 23<sup>RD</sup> MARCH 2024 – PAKISTAN DAY SUPPLEMENTS



## Pakistani Art and Crafts

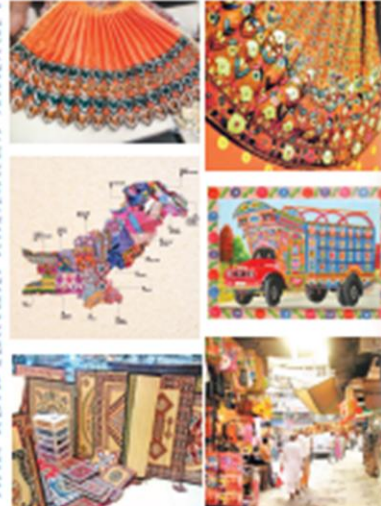
The focus has always been on the preservation of art and culture. This Pakistan art and crafts exhibition is a testament to the rich cultural heritage of Pakistan. It features a wide range of traditional and contemporary art and crafts from various provinces of Pakistan, showcasing the unique skills and creativity of Pakistani artists and craftsmen.

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## Pakistan a global leader in sports industry



FIFA WORLD CUP 2014  
OFFICIAL FOOTBALL BALL IN  
PAKISTAN

The success of Pakistan in sports industry shows how the country has become a global leader in sports industry. The success of Pakistan in sports industry shows how the country has become a global leader in sports industry.

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LIVE NEWS

# 23<sup>RD</sup> MARCH 2024 – PAKISTAN DAY SUPPLEMENTS



### Message by the High Commissioner of Islamic Republic of Pakistan in Sri Lanka

From the right, members of the Commission on the 23rd March in the afternoon at the Sri Lanka Press Club in Colombo. From left to right: Mr. Anura Kumara Dissanayake, Prime Minister of Sri Lanka; Mr. M. M. Farooq, High Commissioner of Pakistan; Mr. M. M. Farooq, High Commissioner of Pakistan; Mr. M. M. Farooq, High Commissioner of Pakistan; Mr. M. M. Farooq, High Commissioner of Pakistan.

The High Commissioner of Pakistan in Sri Lanka, Mr. M. M. Farooq, addressed the members of the Commission on the 23rd March in the afternoon at the Sri Lanka Press Club in Colombo. He expressed his warm wishes for the occasion and highlighted the strong ties between the two nations. He also mentioned the recent visit of the Prime Minister of Sri Lanka to Pakistan and the ongoing diplomatic efforts to strengthen the bilateral relations.

### Astonishing Places You Wouldn't Believe Are In Pakistan

From the mighty mountains of the Himalayas to the lush green valleys of the Indus River, Pakistan is a land of diverse and breathtaking landscapes. From the snow-capped peaks of the Karakoram range to the vibrant colors of the Thar Desert, there is something for everyone in this beautiful country. The stunning views of the Swat Valley, the serene beauty of the Hunza Valley, and the majestic peaks of the Hindu Kush range are just a few examples of the natural wonders that Pakistan has to offer. The country's diverse geography and rich cultural heritage make it a truly remarkable destination for travelers from all over the world.



### Pakistani Art and Crafts

Pakistan is a land of rich cultural heritage and traditional arts and crafts. From the intricate patterns of the Pashmina shawls to the vibrant colors of the Baluch embroidery, the country's art and crafts are a reflection of its diverse ethnic and cultural groups. The skilled artisans of Pakistan have mastered various techniques and passed them down through generations, creating a legacy of excellence. The beautiful handicrafts of Pakistan are not only a source of pride for the people but also a significant part of the country's economy. The vibrant colors and intricate patterns of the Pakistani art and crafts are a true testament to the country's rich cultural heritage.

### THE NO. 1 FLEXIBLE PACKAGING COMPANY IN THE ISLAND EXTENDS ITS WARM WISHES ON THE OCCASION OF PAKISTAN DAY 23<sup>rd</sup> March

MCB Flexible Packaging, the leading flexible packaging company in Sri Lanka, extends its warm wishes to the people of Pakistan on the occasion of their National Day. The company is proud to be a part of the global community and is committed to providing high-quality flexible packaging solutions to its customers. The vibrant colors and intricate patterns of the Pakistani art and crafts are a true testament to the country's rich cultural heritage. MCB Flexible Packaging is committed to supporting the growth and development of the Pakistani economy and is looking forward to continuing its partnership with the people of Pakistan.

### Rhino Roofing Products Limited Congratulates the Government and People of PAKISTAN who celebrate their National Day on 23<sup>rd</sup> March

Rhino Roofing Products Limited is proud to be a part of the global community and is committed to providing high-quality roofing solutions to its customers. The vibrant colors and intricate patterns of the Pakistani art and crafts are a true testament to the country's rich cultural heritage. Rhino Roofing Products Limited is committed to supporting the growth and development of the Pakistani economy and is looking forward to continuing its partnership with the people of Pakistan.

### HBL A Tower of Strength and Resolution

HBL celebrates Pakistan's Revolution Day, marking a pivotal moment in history 84 years ago. The Independence Monument in Islamabad is a symbol of the country's freedom and sovereignty. HBL is committed to supporting the growth and development of the Pakistani economy and is looking forward to continuing its partnership with the people of Pakistan.

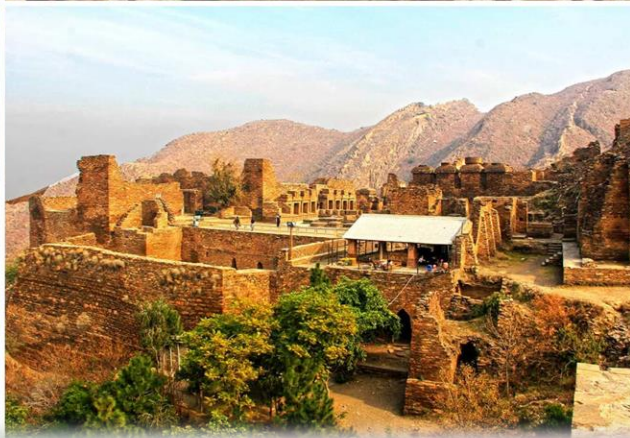
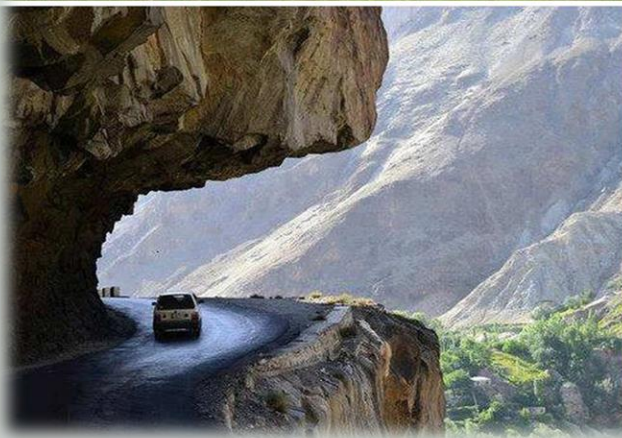
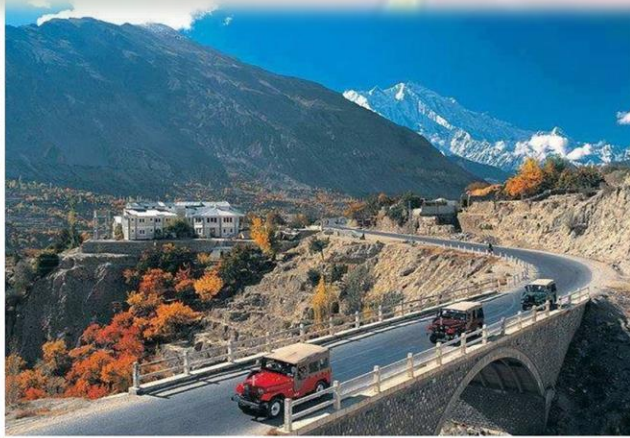
### Pakistani Cuisines

Pakistan is a land of rich and diverse cuisines. From the aromatic flavors of the Biryani to the succulent taste of the Kebab, the country's food is a reflection of its diverse ethnic and cultural groups. The skilled chefs of Pakistan have mastered various techniques and passed them down through generations, creating a legacy of excellence. The vibrant colors and intricate patterns of the Pakistani art and crafts are a true testament to the country's rich cultural heritage. Pakistani cuisines are not only a source of pride for the people but also a significant part of the country's economy. The vibrant colors and intricate patterns of the Pakistani art and crafts are a true testament to the country's rich cultural heritage.

### MCB Bank for Life From a friend across the seas, we join our Pakistani brethren in celebrating the Independence of this great Nation.

MCB Bank for Life is proud to be a part of the global community and is committed to providing high-quality banking solutions to its customers. The vibrant colors and intricate patterns of the Pakistani art and crafts are a true testament to the country's rich cultural heritage. MCB Bank for Life is committed to supporting the growth and development of the Pakistani economy and is looking forward to continuing its partnership with the people of Pakistan.

# BEAUTIFUL PAKISTAN



# PAKISTAN ZINDABAD